



Better. Together.

Get more out of your health benefits in 2023

AetnaBetterHealth.com/Kansas





We've got your back

Service coordination is available to help members manage their health. Service coordinators are nurses or licensed clinical social workers. They can help:

- Provide education about your health care
- Identify health care needs
- Locate a provider for you or your child
- Work with your primary care provider to help answer medical questions
- Work with your doctors on specialist referrals
- Promote communication between your care provider, family and medical specialists
- Help with home health requests
- Make sure all your health care needs are being met

Children who need more medical or behavioral health needs than other children their age can get special help if they are in a care management program.

Healthy Rewards Program

The Healthy Rewards incentive program lets members earn \$10 to \$35 gift cards when they complete wellness activities such as vaccines, yearly checkups and diabetic exams.

Eligible Members	Reward Amount	Wellness Activity
Birth to Age 2	\$35	Completing immunization series
Birth to Age 12	\$25	Yearly well-child checkup
Age 9 to 26	\$25	HPV vaccine series
Age 13 to 21	\$35	Yearly healthy teen exam
Women	\$25	Yearly mammogram
	\$25	Yearly cervical cancer screening
	\$35	Yearly chlamydia screening
All Members	\$25	Annual Flu Shot
Members with Diabetes	\$25	Yearly HbA1c blood test
Adults 21+	\$25	COVID vaccine series

Covered benefits/plan benefits



Office visits



Urgently needed care



Emergency care



Ambulance services (for emergencies)



Inpatient hospital care



Outpatient services/surgery



Mental health and substance abuse services



X-rays/lab services



Flu/pneumonia vaccines



Wellness exam



24-hour nurse line

2023 Value-Added Benefits

We also offer extra benefits to help with your health and wellness. To receive these extra benefits, members need to show their Aetna Better Health of Kansas ID card. Please see the table below to find out about the extra benefits. No prior authorization is required. To find out how to obtain the extra benefits or if you have any questions, call Member Services at **1-855-221-5656**, (TTY: 711). Please note that there are no grievance and appeal rights for value-added benefits. Aetna Better Health of Kansas will offer extra benefits throughout the contract term.

Value-added benefits



Over-the-counter (OTC) supply catalog

Each household can order \$25 per month of certain OTC drugs and supplies from our Aetna Better Health of Kansas catalog. Your monthly supplies can be ordered online or by phone; mailed to your home.



Dentures

A complete set of dentures provided every 5 years for those who are active on the Frail and Elderly (FE), Physical Disability (PD) and Intellectual/Development Disability (I/DD) waiver programs.



Adult dental services

Members 21 years and older receive \$500 per year for dental services. It can be used for dental exams and cleanings twice each year, annual bitewing X-rays, fillings, extractions and fluoride treatments.



Healthy Rewards program

Members can get \$10-\$35 gift cards when they complete wellness activities such as: vaccines, yearly checkups, diabetic eye exams, HbA1C tests, chlamydia screenings, cervical cancer screenings.

Value-added benefits (continued)



Android
smartphone

Free Android smartphone with 350 free minutes per month, 1 gigabyte of data per month and unlimited text messaging for members 18 years and older.



PROMISE
Pregnancy
program

Pregnant members are encouraged to make early and frequent prenatal and postnatal visits. Program includes: A redeemable reward of \$75 for first prenatal visit in the first trimester, within 42 days of plan enrollment and with notification of pregnancy to the health plan. Earn a \$10 gift card for dental visit. Earn additional rewards (up to \$75) for going to pre and postnatal appointments. Rewards can be used at specific retailers for approved wellness items such as a stroller, portable crib, play yard, car seat, or a diaper and wipe package.



Additional
transportation
services

Free rides for members to the pharmacy, WIC eligibility appointments and prenatal classes. Twelve (12) round trips per year for members going to job interviews, job training, shopping for work type clothing, food bank or grocery store for food, senior services and getting community health services otherwise not covered.



MyActive
Health

Access to MyActiveHealth for self-management health tools, personal health records, health assessments and lifestyle coaching.



After school
engagement

Members age 5 to 18 can get up to \$50 per year for activities at participating YMCA, Boys and Girls Clubs, Boy Scouts or Girl Scouts.



Hospital companion program

Members on the FE, PD, Brain Injury (BI) and I/DD waivers can receive up to 16 hours of hospital companionship per year provided by their personal care service worker while member is in the hospital.



Pest control services

Members on the I/DD, PD, FE or BI waivers and waiver waiting list who own their own home, can get up to \$250 per calendar year for pest control.



Loneliness help

Through Pyx Health, members can download an application that helps them fight loneliness. Members can connect with compassionate people for a friendly chat or help with resources.



Podiatry visits

Two podiatry visits per year for members with diabetes age 21 and over.



Respite care

Up to 120 hours of respite care per year for members on a waiver waiting list for Home- and Community-Based Services. (Must be approved by member's case manager).



Respite care: background checks

Members on the Long Term Services and Supports (LTSS) waiver waiting list eligible for respite care are provided one background check per year for a personal care services worker.



Home-delivered meals

Members 21 years and older with a medical need receive up to 2 meals per day for up to 7 days after being discharged from an inpatient stay of 7 days in the hospital.



Ted E Bear MD® Kids Club Program

For members from newborn to age 12. Member incentives include activity book and \$10-\$15 gift cards (up to \$75 annually) for meeting identified goals.

Value-added benefits (continued)



Asthma air purifier

Members age 0 to 18 with moderate to severe asthma and currently on the following medications: Cinqair, Dupixent, Xolair, Fasenra, Nucala, will be offered an asthma purifier based on pharmacy utilization. The benefit is to help lower the chance of an asthmatic attack (one-time benefit).



CampusEd

With CampusEd, members age 16 and up can get their GED and learn new job skills at no cost. Members who want to complete their GED have access to prep courses, assistance in scheduling exam and a voucher to pay for the exam. Plus, members interested in expanding their job skills have access to over 3,000 resources in health care, IT, business, and other trades. CampusEd provides career services support, resume assistance, opportunities to earn digital badges to show experience, and access to a local network of employers currently recruiting employees.



No Place Like Home grant

This program supports community-based organizations assisting members to access or maintain housing. Funds provide one-time emergency housing assistance to help keep members in their home or to establish a new home in the community.



Weight management program

Membership to a 12-week class from the University of Kansas Weight Management program on healthy eating, exercise and behavior change.



Aetna Better Health of Kansas will notify you at least 30 days before making any changes and/or terminations in benefits, services or delivery dates. If you have any questions, call Member Services at **1-855-221-5656**, (TTY: 711).

For more details about your benefits, refer to your Member Handbook. You may view the handbook on our website at **AetnaBetterHealth.com/Kansas**. You can call us at **1-855-221-5656** (TTY: 711) to ask us to mail you a paper copy of the member handbook or provider directory with a current list of our providers. You can request any member material in a language other than English, or in other formats such as audio, large print or Braille. This is available at no cost to you.

The covered benefit information in this brochure is a brief summary. It's not meant to be a complete description of all of the benefits available. Limitations and restrictions may apply. For more information, contact Member Services at **1-855-221-5656** (TTY: 711) or visit **AetnaBetterHealth.com/Kansas**.

We want you to get the most out of your benefits

If you have any questions about your benefits and services, give us a call at **1-855-221-5656** (TTY: 711). We are here to help.

Nondiscrimination notice

Aetna complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Aetna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Aetna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card or **1-800-385-4104**.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator at:

Address: Attn: Civil Rights Coordinator
4500 East Cotton Center Boulevard
Phoenix, AZ 85040

Telephone: **1-888-234-7358 (TTY 711)**

Email: MedicaidCRCoordinator@aetna.com

You can file a grievance in person or by mail or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department

Japanese: 無料の言語サービスは、IDカードにある番号にお電話ください。

Russian: Для того чтобы бесплатно получить помощь переводчика, позвоните по телефону, приведенному на вашей идентификационной карте.

Hmong: Yuav kom tau kev pab txhais lus tsis muaj nqi them rau koj, hu tus naj npawb ntawm koj daim npav ID.

Persian Farsi: دىق مرامش اب ، ناگى ار روط هب نابز تامدخ هب ىسرتسد ىارب دىرى گب سامت دوخ ىىاس انش تراک ىور هدش .

Swahili: Kupata huduma za lugha bila malipo kwako, piga nambari iliyo kwenye kadi yako ya kitambulisho.

[AetnaBetterHealth.com/Kansas](https://www.aetna.com/better-health/kansas)

Member Services

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