

Aetna Better Health of Kentucky

Kentucky



Last update: 10/15/2023
Ratings are updated annually (September)

Health Plan Rating[Ⓢ]

★★★★☆ 4.0 of 5

INSURANCE TYPE[Ⓢ]

Medicaid

PRODUCT TYPE

HMO

NEXT REVIEW DATE

05/26/2026

MEMBERS ENROLLED

253,681

EVALUATION PRODUCT

Renewal Survey

WEBSITE

<https://www.aetnabetterhealth.com/kentucky>

Other Accreditations, Certifications, and Distinctions

✓ [Health Equity Accreditation](#)

Plan Detail Ratings

The overall rating score is the weighted average of all measures, not an average of the three composites (Patient experience, Prevention and equity, Treatment).

Note: NCQA used MY 2022 data and percentiles for commercial and Medicaid HEDIS/CAHPS and Medicare HEDIS. NCQA used MY 2021 data and percentiles for Medicare CAHPS and the Health Outcomes Survey. Several reasons could contribute to a plan having a non-numerical rating (Partial Data Reported, No Data Reported). For details about the Health Plan Ratings display rules, visit the 2023 Health Plan Ratings methodology on the [2023 HPR page](#).

EXPAND ALL

— Patient experience		★★★★☆
Getting care		★★★★★
Getting care easily Did members get appointments, preventive care, tests, and treatment easily?		★★★★★
Getting care quickly Did members get appointments, preventive care, tests, and treatments promptly?		★★★★★
Satisfaction with plan physicians		
Rating of primary care doctor Did members rate their primary care doctors high overall?		★★★★☆
Satisfaction with plan and plan services		★★★★☆
Rating of health plan Did members rate their overall plan services high?		★★★★☆
Rating of care Did members rate their care high overall?		★★★★☆
— Prevention and equity		★★★★☆
Children and adolescent well-care		★★★★☆
Dental visits Did members ages 2 to 20 have at least 1 dental visit during the year?		★★★★☆
Childhood immunizations Did children receive all recommended immunizations by age 2?		★★★★☆
Adolescent immunizations Did children receive all 3 recommended immunizations by age 13?		★★★★☆
BMI percentile assessment Did members ages 3 to 17 have their BMI assessed?		★★★★★
Women's reproductive health		★★★★☆
Prenatal checkups		★★★★☆

<p>Postpartum care Did members who gave birth have a postpartum visit on or between 7 and 84 days after delivery?</p>	★★★★☆
<p>Prenatal immunizations Did members who gave birth receive both recommended immunizations by their delivery date?</p>	★★★★☆
<p>Cancer screening</p>	★★★★☆
<p>Breast cancer screening Did members ages 50 to 74 who are recommended for routine breast cancer screening get a mammogram every 2 years?</p>	★★★★☆
<p>Cervical cancer screening Did members ages 21 to 64 who are recommended for routine cervical cancer screening receive it?</p>	★★★★☆
<p>Equity</p>	
<p>Race and ethnicity of members Did health plans have information about their members' race and ethnicity in order to provide appropriate services?</p>	★★★★★
<p>Other preventive services</p>	
<p>Chlamydia screening Did members ages 16 to 24 who are recommended for chlamydia screening get tested?</p>	★★★★☆
<p>Flu shots Were members ages 18 to 64 vaccinated against the flu?</p>	NA
<p>Smoking advice Were members advised by a practitioner to stop?</p>	NA

— **Treatment** ★★★★★

<p>Respiratory</p>	★★★★☆
<p>Asthma control Did people, ages 5 to 64, with persistent asthma have an appropriate ratio of asthma medications to help control their symptoms?</p>	★★★★☆
<p>Appropriate testing and care for a sore throat Were members ages 3 years and older with a sore throat given strep tests and appropriately prescribed antibiotics?</p>	★★★★☆
<p>Appropriate antibiotic use for colds Were members ages 3 months and older with colds not prescribed antibiotics up to 3 days after their diagnosis, as recommended?</p>	★★★☆☆
<p>Appropriate antibiotic use for acute bronchitis/bronchiolitis Were members ages 3 months and older with acute bronchitis not prescribed antibiotics in the 3 days after their diagnosis, as recommended?</p>	★★★☆☆
<p>Steroid after hospitalization for acute COPD Did members 40 and older who were hospitalized or had an ED visit for chronic obstructive pulmonary disease receive systemic corticosteroids within 14 days of discharge?</p>	★★★★★
<p>Bronchodilator after hospitalization for acute COPD Did members 40 and older who were hospitalized or had an ED visit for chronic obstructive pulmonary disease receive a bronchodilator within 30 days of their discharge?</p>	★★★★★
<p>Diabetes</p>	★★★★☆
<p>Patients with diabetes—blood pressure control (140/90) Did diabetic members ages 18 to 75 have their blood pressure below 140/90 at their last visit?</p>	★★★★☆
<p>Patients with diabetes—eye exams Did diabetic members ages 18 to 75 have a retinal or dilated eye exam?</p>	★★★★☆
<p>Patients with diabetes—glucose control Did diabetic members ages 18 to 75 maintain their blood sugar level below 8 percent?</p>	★★★★☆
<p>Patients with diabetes—received statin therapy Did members ages 40 to 75 with diabetes who do not have cardiovascular disease receive a statin medication?</p>	★★★★☆
<p>Patients with diabetes—statin adherence 80% Did members ages 40 to 75 with diabetes who do not have cardiovascular disease stay on statin therapy as prescribed?</p>	★★★★☆
<p>Patients with diabetes—kidney health evaluation Did members ages 18 to 85 with diabetes receive a kidney health evaluation?</p>	★★★☆☆
<p>Heart disease</p>	★★★★☆
<p>Patients with cardiovascular disease—received statin therapy Did males 21 to 75 and females 40 to 75 with cardiovascular disease receive a high or moderate-intensity statin medication?</p>	★★★★☆
<p>Patients with cardiovascular disease—statin adherence 80% Did males 21 to 75 and females 40 to 75 with cardiovascular disease stay on high or moderate-intensity statin therapy as prescribed?</p>	★★★★☆
<p>Controlling high blood pressure Did hypertensive patients ages 18 to 85 have their blood pressure controlled (<140/90 mm Hg)?</p>	★★★★☆
<p>Behavioral health—care coordination</p>	★★★★☆
<p>Follow-up after hospitalization for mental illness Were members ages 6 and older hospitalized with a mental illness followed up with, within a week after discharge?</p>	★★★★☆
<p>Follow-up after ED for mental illness</p>	★★★★☆

<p>Were members ages 6 and older with an ED visit for mental illness followed up with, within a week of their visit?</p>	★★★★★
<p>Follow-up after ED for substance use disorder Were members ages 13 and older with an ED visit for a diagnosed substance use disorder followed up with, within a week of their visit?</p>	★★★★★
<p>Follow-up after high-intensity care for substance use disorder Were members ages 13 and older with an inpatient visit, residential treatment visit, or medically managed withdrawal event for a diagnosed substance use disorder followed up with, within a week of their visit or discharge?</p>	★★★★★
<p>Behavioral health—medication adherence</p>	★★★★★
<p>Adherence to antipsychotic medications for individuals with schizophrenia Did members ages 18 and older with schizophrenia or schizoaffective disorder stay on antipsychotic medications as prescribed?</p>	★★★★★
<p>Patients with a new episode of depression—medication adherence for 6 months Did adult members with a new episode of depression take a prescribed antidepressant medication for at least 6 months?</p>	★★★★★
<p>Patients with opioid use disorder—medication adherence for 6 months Did members ages 16 and older with a new episode of opioid use disorder treatment stay on recommended medications for at least 6 months?</p>	★★★★★
<p>Behavioral health—access, monitoring and safety</p>	★★★★★
<p>Cholesterol and blood sugar testing for youth on antipsychotic medications Did members ages 1 to 17 who were on 2 or more antipsychotic medications have their blood sugar and cholesterol tested?</p>	★★★★★
<p>Continued follow-up after ADHD diagnosis Did children ages 6 to 12 who were on ADHD medication for at least 210 days have at least 2 follow-up visits within 9 months?</p>	★★★★★
<p>Diabetes screening for individuals with schizophrenia or bipolar disorder Were members 18 to 64 with schizophrenia or bipolar disorder and on antipsychotic medication screened for diabetes?</p>	★★★★★
<p>First-line psychosocial care for youth on antipsychotic medications Did members ages 1 to 17 who had a new prescription for an antipsychotic medication have documentation of psychosocial care as first-line treatment?</p>	★★★★★
<p>Substance use disorder treatment engagement Did members ages 13 and older with a new episode of substance use disorder engage in treatment within 34 days?</p>	★★★★★
<p>Risk-adjusted utilization</p>	★★★★★
<p>Plan all-cause readmissions For members ages 18 to 64, how many acute inpatient and observation stays were followed by an unplanned acute readmission within 30 days after discharge compared to the expected?</p>	★★★★★
<p>Overuse of opioids</p>	★★★★★
<p>Avoiding opioids at high dosage Were members ages 18 and older not prescribed opioids at a high dosage for 15 or more days?</p>	★★★★★
<p>Avoiding opioids from multiple prescribers and multiple pharmacies Were members ages 18 and older who received prescription opioids for 15 or more days not prescribed opioids from 4 or more different prescribers and 4 or more different pharmacies?</p>	★★★★★
<p>Avoiding potentially risky continued opioid use Were members ages 18 and older who had a new prescription for opioids prescribed fewer than 31 days in a 62-day period?</p>	★★★★★
<p>Other treatment measures</p>	★★★★★
<p>Appropriate use of imaging studies for low back pain Were imaging tests appropriately not recommended for patients 18 to 75 with a new episode of low back pain?</p>	★★★★★

This Plan's Other Accreditations, Certifications and Distinctions

Accreditation status last updated on 10/15/2023

Health Equity Accreditation

This program offers distinction to organizations that engage in efforts to improve culturally and linguistically appropriate services and reduce health care disparities.

INSURANCE TYPE ⓘ

Medicaid HMO

NEXT REVIEW DATE ⓘ

09/23/2025

STATUS ⓘ

Accredited

OTHER NAMES FOR THIS HEALTH PLAN

Aetha Better Health of Kentucky

Bonus point calculations for Health Plan Ratings are based on a plan's NCQA Accreditation status as of June 30 of the release year.

I = Insufficient data; NC = No Credit; NA = Not Applicable

Contact us at [My NCQA](#) to ask about licensing the ratings data for research or display.

Methodology

Understand how organizations are rated or earn a seal from NCQA.

[Learn How](#)