

AETNA BETTER HEALTH® OF PENNSYLVANIA AETNA BETTER HEALTH® KIDS

April 3, 2018

Asthma Medication Formulary Updates Effective March 1, 2018

Dear Aetna Better Health Provider:

Please be aware of the updates to the Aetna Better Health of Pennsylvania and Aetna Better Health Kids formulary for asthma medications shown below.

Asthma Medication Formulary Update:

- QVAR® MDI (metered dose inhaler) is being discontinued by the manufacturer and replaced with a new formulation
- The new formulation called QVAR® RediHaler™ was added to the formulary (quantity limit of 1 inhaler/month)
- Flovent® HFA was added to the formulary (quantity limit of 1 inhaler/month) – *compatible with a spacer*

New QVAR formulation details:

- QVAR® RediHaler™ administers the same active drug ingredient found in QVAR® (beclomethasone dipropionate HFA) Inhalation Aerosol, with a different mode of delivery.
- QVAR® RediHaler™ differs from conventional metered-dose inhalers (MDIs) as it delivers medication via a breath-actuated MDI, eliminating the need for hand-breath coordination during inhalation.
- QVAR® RediHaler™ is designed to be used without shaking or priming. It should not be used with a spacer or volume holding chamber.

Other preferred inhaled corticosteroids also on formulary:

- Flovent® Diskus (quantity limit of 1 inhaler/month)
- Pulmicort Flexhaler® (quantity limit of 1 inhaler/month)
- Budesonide nebs ((quantity limit of 60 nebs/month)

Questions?

Please contact our Provider Relations department at **1-866-638-1232, option 3, then 5** with any questions regarding our formulary. Thank you for the quality care you give our members. aetnabetterhealth.com/pa